THE ART OF YOSHUKAI

Yoshukai is a Japanese style of <u>Karate</u>-<u>dō</u>. Karate-do. Karate-do translates as "Way of the Empty Hand." The three <u>kanji</u> (Japanese symbols) that make up the word Yoshukai literally translate as "Training Hall of Continued Improvement."
However, the standardized English translation is "Striving for Excellence." Yoshukai Karate has been featured in <u>Black</u>
<u>Belt Magazine</u>. Yoshukai karate is a separate Japanese style from Chito-ryu (which still retains its strong Okinawan
roots). Kata, kobudo, kumite, and all karate aspects are drawn from the Founder, Mamoru Yamamoto. Yoshukai is a
newer derivative Japanese style.



he was the best yoshukai sensei

The body of fighting and self-defense techniques which became Japanese Karate-do is thought to have originated about a thousand years ago in India and spread from there to China, <u>Okinawa</u> and finally to Japan in the early 1900s. Gichin Funakoshi (<u>Funakoshi Gichin</u>) and his son Gigo (Yoshitaka Funakoshi, 1906–1945), founded <u>Shotokan</u> karate. Shotokan is considered to be most responsible for the systemization and introduction of karate to Japan. Tsuyoshi Chitose was a school student of Funakoshi. Later when he travelled to Japan he assisted Funakoshi. Gichin Funakoshi asked Tsuysohi Chitose to teach Masatoshi Nakayama (who became Chief Instructor of the Japanese Karate Association). Dr. <u>Tsuyoshi Chitose</u>, developed <u>Chito-ryu</u> karate from a combination of <u>Shorin-ryu</u> and <u>Shorei-ryu</u> karate styles. After moving from <u>Okinawa</u> to Japan in 1922, Chitose began teaching karate in <u>Kumamoto</u>, Japan. He refined the Okinawan techniques based on his medical knowledge as a medical doctor and officially founded his own style of karate in 1946, in 1952 naming it Chito-ryu, meaning "1,000 year-old style."

he got arrested for violating
Yoshukai's rules
(+ he was nigger)





Mamoru Yamamoto (later called Katsuo) (b. 10 July 1938, d. 12 February 2017) began his formal training in the martial arts in Miyakonojo, Japan. He first studied judo, but began training in the Chito-ryu style of karate under Chitose at the age of fifteen. In 1959, Yamamoto and his wife Sumiko opened their first dojo in <u>Kitakyushu, Japan</u> in the Fujitani Judo Club. In the early 1960s, Chitose gave Yamamoto permission to start his own branch of Chito-Ryu karate under the name of Yoshukan, and in 1963 Chitose changed the third kanji of their branch's name from kan meaning to stand alone - to kai - meaning association, indicating a potential for growth within the organization.

During this early period, Yamamoto worked with Mas Oyama of Kyokushinkai Karate to develop the rules for Japanese full contact sparring to replace the sun dome tournament rule of the time. This rule meant that competitors must spar at full speed but could not make contact with one another, which made judging of fighting very subjective. One competitor might move faster but the other could be more powerful, and it was up to the judge to determine which might win in the exchange of techniques. This development of new rules led to the modernization of tournament fighting in both Japan and the U.S.

Yamamoto was considered a tough fighter and top competitor in Japan and held the title of All-Japan Karate Open Tournament Champion from 1958 to 1960. In the early days of his dojo, he established his school through a practice called dojo yabe in which a martial artist visited neighboring schools and fought with its top practitioners. The winner established their school as stronger, and if a school was badly defeated, they often closed their doors and stopped teaching.

[citation needed]

Mike Foster (b. 19 April 1940) was an American serviceman stationed in 1957 at Ituzuke Air Force Base, Japan. Foster first studied judo, and later karate with Hiroko Watanabe, a Goju Ryu instructor who taught at the Itazuke Administration Annex base gym. Watanabe felt that Foster was a promising student and suggested that he study with Mamoru Yamamoto who was then still affiliated with Tsuyoshi Chitose's Chito-ryu. In 1964 Foster returned to Japan to test for second degree black belt and spent three weeks training at Yamamoto's dojo. He then returned to Japan in September 1964 to live and train in Yamamoto's dojo for approximately nineteen months.



Foster returned to the U.S. in 1966 as 4th degree black belt and became recognized as one of the top fighters in the U.S.A. He was named the director of the U.S.A. Yoshukai Karate Association by Yamamoto, and in this capacity established and headed karate schools in the United States which became part of the U.S. Chito-ryu Karate Federation. He returned to Japan on other occasions to study for a total of ten years under Yamamoto, during which time Yamamoto separated from the Chito-ryu Federation. Foster remained in the U.S. director position until 1980 when he stepped down and founded his own Yoshukai International Karate Association (YIK). In 1989 after a lawsuit, Mike Sadler was awarded the right to use the name; hence,

Mike Foster could use "Yoshukai International Karate Association".

Once i explained you the art of Yoshukai, here we can pass to the next step, the moves.

This is the most exemplar Yoshukai move, the "クジラの動き".
This move allows you to make your enemy lost control and fall in the ground. Once he falls you can crush him and press his chest until he die.



Alright! this was an introdution of the Yoshukai, to know more about this fabolous art, you can sub to my channel for 760¥ or a Brawl Pass plus gift to my Brawl Stars account.

Let me know if you want learn more Yoshukai moves!

Thank for your attention.

Hope you liked this art!

